

I. Gymnastik *)

Gymnastique *) – Gymnastics *)

Zur Ausbildung und Kräftigung der Finger, unter besonderer Berücksichtigung des 4. und 5. Fingers

Pour exercer et fortifier les doigts, en tenant particulièrement compte du 4^e et du 5^e doigt

For cultivating and strengthening the fingers, particularly the 4th and 5th

1a) Lento

2a) M. M. ♩ = 60-108

4a)

*) Bis Kapitel VIII spielbar für Instrumente mit 2 Diskant-Oktaven

*) Jusqu'au Chapitre VIII tout peut être exécuté sur des instruments disposant de deux octaves à la partie supérieure

*) Playable to figure VIII on instruments with 2 Descant Octaves

b) c)

1 3 5 1 1 2 4 2

Exercise b) is in 4/4 time, key of B-flat major. It features a sequence of eighth notes with slurs and fingerings 1 3 5 1. Exercise c) continues the sequence with slurs and fingerings 1 2 4 2.

d) e)

2 3 5 2 1 3 4 1

Exercise d) is in 4/4 time, key of B-flat major. It features a sequence of eighth notes with slurs and fingerings 2 3 5 2. Exercise e) continues the sequence with slurs and fingerings 1 3 4 1.

5 a) M. M. ♩ = 48-72

1 2 3 2 3

Exercise 5 a) is in 5/4 time, key of B-flat major. It features a sequence of eighth notes with slurs and fingerings 1 2 3 2 3.

4 5 4 3 2 1

Continuation of exercise 5 a) with slurs and fingerings 4 5 4 3 2 1.

b) (Dasselben Fingersätze — Les mêmes doigts — The same fingering)

etc.

Exercise b) is in 4/4 time, key of B-flat major. It features a sequence of eighth notes with slurs and fingerings, ending with "etc."

d) etc.

Exercise d) is in 4/4 time, key of B-flat major. It features a sequence of eighth notes with slurs and fingerings, ending with "etc."

etc.

Continuation of exercise with slurs and fingerings, ending with "etc."

h) etc.

Exercise h) is in 4/4 time, key of B-flat major. It features a sequence of eighth notes with slurs and fingerings, ending with "etc."

etc.

Continuation of exercise with slurs and fingerings, ending with "etc."

etc.

Continuation of exercise with slurs and fingerings, ending with "etc."

PREVIEW Low Resolution

II. Übungen mit stillstehender Hand

Exercices la main restant immobile – Exercises with the hand stationary

legato & staccato

Artikulationsbeispiele für nachstehende Übungen:

Exemples d'articulation pour les exercices ci-après

Phrasing examples for the following exercises

1*) M. M. ♩ = 60 - 104

1*) Jede Übung 5 bis 10 mal

*) Chaque exercice de 5 à 10 fois

*) Each exercise 5 to 10 times

III. Intervallstudien

Etudes d'intervalles – Interval studies

1. Primen – Premières – Firsts

(Fingerwechsel – Changement de doigt – Finger changes)

a) $\begin{matrix} b) & 3 & 1 & 2 & 1 & 3 & 1 & 2 & 1 & 3 \\ a) & 4 & 3 & 2 & 1 & 4 & 3 & 2 & 1 & 4 \end{matrix}$ etc.

b) $\begin{matrix} b) & 3 & 2 & 4 & 3 & 2 & 4 \\ a) & 3 & 2 & 1 & 3 & 2 & 1 & 4 \end{matrix}$ etc.

c*) $\begin{matrix} d) & 3 & 4 & 3 & 4 \\ c) & 3 & 3 & 3 & 3 \\ b) & 2 & 1 & 2 & 1 \\ a) & 4 & 3 & 2 & 1 & 4 \end{matrix}$ etc.

d) $\begin{matrix} d) & 4 & 3 & 4 & 3 & 1 \\ c) & 3 & 2 & 3 & 2 & 3 \\ b) & 2 & 1 & 2 & 1 & 2 \\ a) & 4 & 3 & 2 & 1 & 4 \end{matrix}$ etc.

2. Sekunden – Seconds – Seconds

(in allen Tonarten – dans tous les tons)

a) $\begin{matrix} a) & 3 & 4 & 3 & 4 \\ b) & 3 & 2 & 3 & 2 \\ c) & 1 & 2 & 1 & 2 \end{matrix}$ etc.

b) $\begin{matrix} 4 & 3 & 4 & 2 \\ 3 & 2 & 3 & 2 \\ 3 & 1 & 2 & 1 \end{matrix}$ etc.

c) $\begin{matrix} c) & 3 & 4 & 5 \\ b) & 2 & 3 & 4 \\ a) & 1 & 2 & 3 \end{matrix}$ etc.

d) $\begin{matrix} 5 & 4 & 5 & 3 \\ 4 & 3 & 4 & 2 \\ 3 & 2 & 3 & 1 \end{matrix}$

*) 1c und 1d in allen Tonarten zu üben

*) 1c et 1d dans tous les tons

*) 1c and 1d in all keys

d) *c)* 5 4 3
b) 4 3 2 etc.
a) 3 2 1

5 4 3 5
4 3 2 4
3 2 1 3

3 4 5
2 3 4 etc.
1 2 3

3 4 5 3
2 3 4 2
1 2 3 1

e) *c)* 4 5 3 4 5 3
b) 3 4 2 3 4 2 etc.
a) 3 1 2 3 1

4 5 3 4 3 5 4 2 5 4
3 4 2 3 2 4 3 etc.
2 3 1 2 1 3 2 1 3 2

c) 5 3 4 5 3 4
b) 4 2 3 4 2 3 etc.
a) 3 1 2 3 1 2

5 3 4 5 4
4 3 2 3 4 2 3 etc.
3 1 2 3 2 1 3 2 1 3 2

3. Terzen – Tierces – Thirds
 (in allen Tonarten – dans tous les tons – in all keys)

a) *c)* 3 5 3 5
b) 2 4 2 4 etc.
a) 1 3 1 3

3 5 3 5
2 4 2 4 etc.
1 3 1 3

b) *c)* 5 3 5 3
b) 5 3 5 3 etc.
a) 4 1 4 1

5 3 5 3
4 1 4 1

c) *b)* 3 5 3 5
a) 2 4 1

3 5 3 5
2 4 1

d) *c)* 5 3 4
b) 4 2 3 etc.
a) 3 1 2 3 1 2

5 3 4
4 2 3 etc.
3 1 2 3 1 2

Quarten – Quartes – Fourths
 (in allen Tonarten – dans tous les tons – in all keys)

c) 4 1 4 1 etc.

4 1 4 1 etc.

b) 1 5 1 2 5 1 2 5 1 etc.

1 5 1 2 5 1 2 5 1 etc.

4 1 5 4 1 5 etc.
sim.

4 1 5 4 1 5 etc.
sim.