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An MP3 CD is included that contains all the songs in the book, so you may listen and play along with them. A CD icon beside the title of each song shows the track number. Above each CD icon, the original book number is indicated so that when you access the MP3 tracks, they are conveniently organized by book in separate folders on the disc.

The disc is playable on any CD player or computer equipped to play MP3 CDs. To access the MP3s on your computer, place the CD in your disc drive. In Windows, double-click on My Computer, then right-click on the CD icon labeled “MP3 Files” and select Explore to view the files and copy them to your hard drive. For Mac, double-click on the CD icon on your desktop labeled “MP3 Files” to view the files and copy them to your hard drive.

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