# Shin'ichi Suzuki

# NURTURED

#### **REVISED EDITION**

#### Translated from the Original Japanese Text

Translated by Kyoko Selden with Lili Selden



Produced by Alfred Music Publishing Co., Inc. P.O. Box 10003 Van Nuys, CA 91410-0003

Printed in USA.

AMPV 1.0 with index

Tivit v 110 with mach

© 1983, 1985, 2012 Shinichi Suzuki All Rights Administered by SUZUKI METHOD INTERNATIONAL / SUMMY-BIRCHARD, INC. ALFRED MUSIC PUBLISHING CO., INC., Exclusive Print Distributor and Licensor for the World Excluding Japan.

Any unauthorized photocopying, duplication, sale, or distribution is strictly prohibited and is a violation of international copyright laws. All rights reserved. Used by permission.

ISBN-10: 0-7390-9044-5 ISBN-13: 978-0-7390-9044-2



# Table of Contents

Preface	2
Prologue: A Day of Marveling	6
1. Ability Is Meant to Be Fostered	9
-1- Ability Begets Ability	9
-2- Ability Is Not Innate	14
-3- What Is Missing from the Environment Will Not Develop on Its Own	18
-4- The Amazing Workings of the Life Force	23
2. Kō and Us	26
-1- Wonderful Positive Evidence	
-2- For Young Kō	30
-3- Loftier and More Beautiful	35
-4- The Moment Had Arrived	37
-5- Becoming Grumiaux's Prized Student	41
3. A Path Toward the Extraordinary	45
-1- The Folly of Lamenting a Lack of Talent	45
-2- See the Reality for Yourself.	48
-3- Repeat, and Repeat Again.	52
-4- Neither Make Haste, Nor Dawdle	56
-5- A Blind Child Sees	58
-6- Intuition, Too, Is Something We Create.	64
4. Destiny—My Path in Life: I	69
-1- An Immovable Fact	69
–2– Not Wishing for Heaven	74
-3- My Encounter with Tolstoy	79
-4- My Father's Smile	82
–5– Up at Five.	85
-6- A Change in Direction	89

5. Embraced by Mozart—My Path in Life: II	93
-1- The Soul of Art	93
-2- Einstein, the Man	96
-3- A Great Love	101
6. If You Think So, Then Act Accordingly	107
-1- What Is the Use of Merely Knowing?	107
-2- If You Think So, Then Act Accordingly	111
-3- Creating New Ability	115
7. Talent Education for Violin Playing	119
-1- Memory Training	119
-2- Putting Fun-Seeking Minds to Good Use	123
-3- Calling Out to Children's Vital Forces	127
8. Having Come This Way, and Now	131
-1- A Magnificent Home Concert	131
-2- Casals Wept	134
-3- In the United States	136
Epilogue: My Dream	140
Research Index	144
Topical Index	146
Alphabetical Index	149

The names of Japanese individuals are consistently given in the Japanese style, with family names first, except in the case of the author on the title page. For example, in the name Toyoda Kōji, Toyoda is the family name and Kōji the personal name. Macrons are used for Japanese long vowels throughout except in well-known place names like Tokyo and Osaka.

# Prologue: A Day of Marveling

#### Children Throughout Japan Speak Japanese!

"Ohh! Children everywhere in Japan are speaking Japanese!"

I leaped up in astonishment. Each and every child speaks Japanese freely, and they do so without any difficulty whatsoever. Isn't this a marvelous ability? Why is this? How has this come to pass? I could barely suppress my impulse to run into the streets, shouting.

For about a week following this revelation, I spoke to everyone I met.

"All children throughout Japan speak Japanese magnificently. Children from Osaka speak that difficult Osaka dialect, and children from the Northeast speak that Northeastern dialect we could never even hope to reproduce. Isn't this incredible?"

But nobody was impressed. It's a matter of course, everyone said. Instead of being surprised by the fact that every child demonstrates such ability, people were half surprised and half appalled by the fuss I was making about something that is common sense.

However, this discovery of mine held enormous significance for me. It happened one day over 30 years ago, when I was 33 or 34. And this discovery not only solved a problem I was confronting at the time but came to form the basis that determined my life thereafter.

I believe it was around 1931. I was teaching only youths at the Teikoku and Kunitachi Music Academies, but a four-year-old boy appeared at my door, accompanied by his father. It was Etō Toshiya, now a fine violinist.<sup>1</sup>

<sup>&</sup>lt;sup>1</sup> Teikoku Music Academy (Teikoku Ongaku Gakkō) was established in 1931 with Suzuki Shin'ichi as cofounder. The word *teikoku* means "imperial" but the school was not state run. The school also predates the Reichsmusikkammer (Teikoku Ongaku Gakuin in Japanese), which was founded by Joseph Goebbels in Germany in 1933. Teikoku Music Academy was closed in 1944 because of war damage. Kunitachi Music Academy, now Kunitachi College of Music, was founded in 1926 as the Tokyo Higher Academy of Music.

# 1

### Ability Is Meant to Be Fostered



Dr. Suzuki with children.

# - 1 -Ability Begets Ability

## Time and Stimulation as Factors Ensuring the Burgeoning of Ability

The Shinagawa Chapter of the Talent Education Institute in Tokyo boasts the presence of Pīko, a pet for the young children who come there for violin lessons. Miyazawa Susumu, the instructor there, keeps this parakeet with his wife.

The Miyazawas untiringly teach Japanese to this bird.

"I am Miyazawa Pīko, I am Miyazawa . . . "

The bird repeats this in a high-pitched voice, to which the children respond, "Oh, Pīko, you're so sweet! You're such a sweetheart!" Here is what Mr. Miyazawa says about Pīko's abilities:

As you might expect, you have to start soon after birth. At first it takes a great deal of patience. For the parakeet's verbal abilities to sprout, you must repeat the same words again and again. Things start so slowly that you may easily find yourself discouraged and wanting to abandon your efforts.

The first thing was naming her Pīko and teaching her the name about 50 times daily. Over a period of two months, we must have repeated it to her 3,000 times. Only then did she finally start to say "Pīko." My guess is that before she was able to say it, she needed time for the ability to sprout within her and then to manifest itself externally. That was a preparatory period requiring time and stimulation from the environment. When we plant seeds, even though we can't see what's happening, they transform themselves underground, little by little every day in response to the combined stimuli of water and warmth, plus light and dark, until one day they finally sprout. It must be the same with a parakeet too.

#### The Wondrous Blooming of Development

But once it sprouts, Mr. Miyazawa continues, the bird's development picks up speed gradually.

When Pīko was able to say "Pīko" after those 3,000 repetitions on our part, we added our family name, "Miyazawa." This time, however, Pīko was able, within 200 repetitions, or one-fifteenth of the time it took for her to reproduce the sound "Pīko," to say "Miyazawa Pīko."

It is certainly the same with human beings: no matter what the activity, we go slowly at first. The process of acquiring an ability is a time-consuming one. But it is an undeniable fact that abilities, once acquired, develop into yet higher abilities. Whenever we give up, thinking we are going nowhere, the abilities that have started developing nicely wilt away before they have a chance to manifest themselves externally. We must therefore patiently continue to repeat our training, so as to allow abilities to blossom. On the basis of having trained Pīko, we have fully come to realize the truth of this insight.

Ability begets ability—this was demonstrated in Pīko later on as well. She began to utter a number of other words. She also reproduces in a lovely voice the first measure, "takataka tatta," of the "Twinkle Variations" the children play on the violin. Abilities, once generated, foster more ability, while also gaining speed; the increased abilities in turn operate to add further speed, developing into new, higher levels of ability. It was interesting when I had a cold and coughed every day. Sporadically each day Pīko said, "I am Miyazawa Pīko, cough cough."